

Plumbers & Pipefitters Local No. 421 H&W Plan

Reminder of Important Changes Effective January 1, 2023

Changes to Medical Network

Changes to Dental Network

Changes to HRA Vendor

Addition of Hearing Aid Coverage

Change to Member Assistance
Program

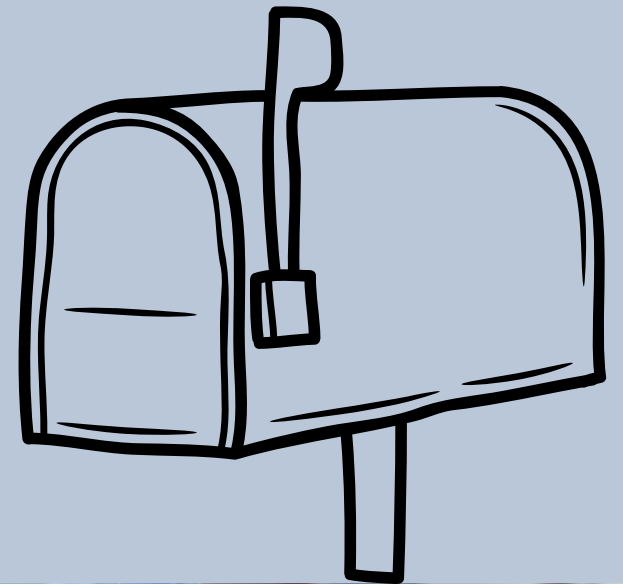
Addition of Teladoc



Changes to your Medical Network

- Effective January 1, 2023 the Plan is changing from the Cigna network to United Healthcare (UHC)
- The Plan will be participating in the UHC Choice Plus National Network, which is a larger network with greater discounts available.
- There are no changes to the benefits. All coverage through the Plan will remain the same, with only the network changing!

Be on the lookout for new ID cards with United Healthcare information and your new Alternate ID number! Cards should be mailed out in the coming weeks to be delivered to you by the end of December!





Changes to your Dental Network

- Your dental network is also changing from Cigna to United Healthcare effective January 1, 2022.
- The current dental plan design remains the same with United Healthcare.
- The Plan will utilize the UHC National PPO 30 Network.
- You will continue to have one ID card for Medical, Dental and Prescription Drug coverage.

Change in HRA Vendor

- The Plan is changing from WageWorks to Optum Financial for managing your Health Reimbursement Account (HRA).
- **You will have a limited time to submit any claims from 2022 for reimbursement. Please be sure to submit all 2022 reimbursements to WageWorks immediately in order to ensure you don't miss out on reimbursement. Optum Financial will NOT supply reimbursement for claims incurred in 2022!**
- Once the 2022 filing period ends and all balances have transitioned from WageWorks to Optum Financial, you will receive a debit card that you can use at your doctors office or pharmacy for qualified expenses! *Debit cards are expected to be live by April 1, 2023!*

Keep your receipts!

You will still be required to provide a receipt and/or Explanation of Benefits (EOB) for debit card transactions!

RECEIPT

TOTAL



Hearing Aid Benefit

- A hearing aid benefit will now be available through EPIC Hearing, a UHC partner.
- This benefit includes coverage for a \$70 hearing exam
- The hearing aid benefit is \$1,000 per ear
- The benefit also comes with
 - 60 days virtual or in person trial period
 - 2 years of free batteries
 - 3 online follow-up visits
 - 3 year extended warranty
 - 1 time loss/damage replacement



For more information on EPIC Hearing and other Plan changes, visit NEBA's Member Portal!



Member Assistance Program (MAP)

- Your current Employee Assistance Program (EAP) with Cigna is changing to a Member Assistance Program (MAP) through Optum.
- MAP provides 24/7 access online to a licensed professional counselor, as well as 5 in-person sessions per circumstance.
- Access to the MAP is available for all Members and their Dependents!
- Use MAP for help with concerns such as:
 - Job Stress, burnout, conflicts and adjustment issues
 - Relationship issues and conflict resolution
 - Family conflicts and parenting issues
 - Anxiety, depression, personal crises, grief and loss, life changes
 - Guidance on substance use and recovery
 - Support in coping with chronic and terminal illnesses



Teladoc Benefit

Teladoc provides round-the clock access to U.S. Board Certified doctors, from home or on the go. Call or connect online or use the Teladoc mobile app for affordable medical care when you need it!

Get the care you need now!

Teladoc doctors can treat many medical conditions including:

Cold and flu symptoms

Allergies

Pink eye

Respiratory infections

Sinus Problems

Skin Problems

Behavioral Health

And more!

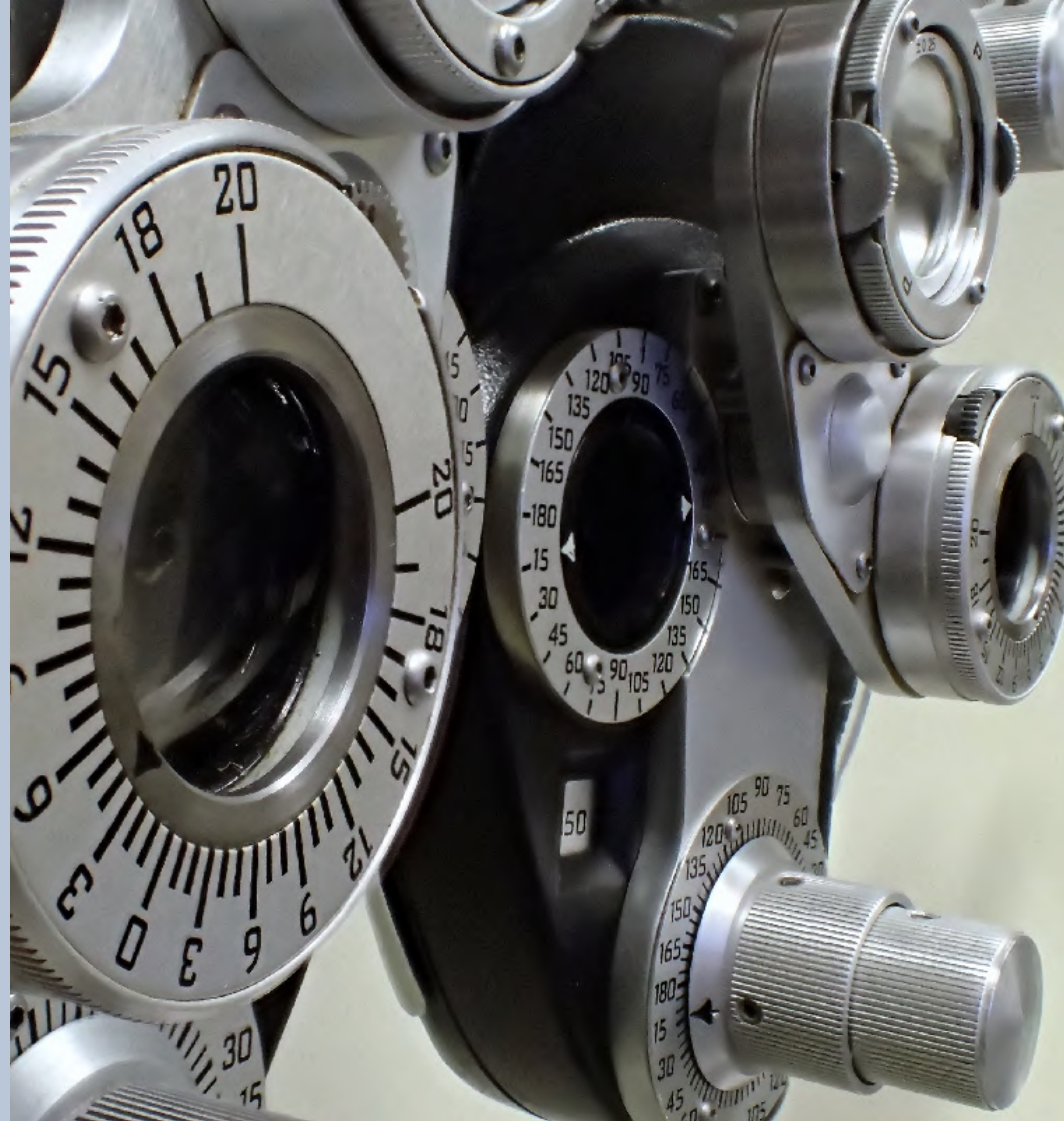
Teladoc services are available to Local 421 participants and their eligible dependents effective January 1, 2023. There is no copay for Teladoc visits!

Vision Benefit

Your vision reimbursement benefit is not changing. You continue to have a \$500 reimbursement benefit available per eligible family member per year. Vision reimbursements can be mailed directly to NEBA at:

**P&P Local 421 Health & Welfare Plan
c/o NEBA, Inc.
2010 NW 150th Avenue, Suite 200
Pembroke Pines, FL 33028**

Call NEBA at (866) 757-0421 with vision questions.



Prescription Benefit

Your prescription drug benefit remains with OptumRx, a UHC partner. While OptumRx does make changes to their formulary drug listing twice per year, there are no changes to the Plan's Rx benefit.

Did You Know.....

You can visit www.myoptum.com and register for an account to price check prescriptions at various pharmacies, and enroll your medications for mail order to have them delivered to your home!